### 1st Semester:
- **FALL**
  - BIOL 114 Introduction to Cellular Biology
  - ENGL 104 or ENGL 110
  - NUTR 101 Survey of Careers in Nutrition
  - NUTR 130 Foods
  - INTD 100 First Year Seminar I

### 2nd Semester:
- **SPRING**
  - CHEM 170 Inorganic/Organic Chemistry
  - MATH 110 Elementary Statistics
  - NUTR 220 Fundamentals of Nutrition
  - PHIL 110 or 120
  - INTD 116 First Year Seminar II

### 3rd Semester:
- **FALL**
  - CHEM 172 Biochemistry
  - NUTR 315 Community Nutrition
  - NUTR 325 Nutrition Though the Life Cycle
  - PSYC 100 Introduction to Psychology
  - CORE

### 4th Semester:
- **SPRING**
  - BIOL 241 Anatomy & Physiology I
  - BIOL 301 Microbiology
  - NUTR 330 Food Science
  - NUTR 335 Nutrition Assessment
  - CORE

### 5th Semester:
- **FALL**
  - BIOL 242 Anatomy & Physiology II
  - NUTR 311 Food & Nutrition Management I
  - NUTR 305 Health Coaching
  - INTD 301 Mercy Integrative Seminar (FA / SP)
  - CORE/Elective

### 6th Semester:
- **SPRING**
  - NUTR 310 Nutrition Counseling & Education
  - NUTR 316 Medical Nutrition Therapy I
  - INTD 301 Mercy Integrative Seminar (FA / SP)
  - CORE/Elective
  - CORE/Elective

### 7th Semester:
- **FALL**
  - NUTR 416 Medical Nutrition Therapy II
  - NUTR 418 Advanced Nutrition
  - NUTR 499 Coordination (Advised to be taken in FALL)
  - CORE/Elective

### 8th Semester:
- **SPRING**
  - NUTR 410 Health Care Issues
  - NUTR 411 Food & Nutrition Management II
  - NUTR 499 Coordination (Can be taken in Spring)
  - CORE/Elective

**NOTE**: This is an unofficial worksheet and is subject to change. The responsibility to register for the necessary courses in the proper sequence to meet the academic program requirements rests with the student. Please consult your advisor every semester, and the USJ catalog, for the most up-to-date degree program requirements.